



FINKELSTEIN - COHEN KOSHER MEALS ON WHEELS PROGRAM

Since 1972, Jewish Family Service has provided older adults in the greater Harrisburg community with nutritious kosher and specialized meals at little or no cost through the Finkelstein-Cohen Kosher Meals on Wheels Program.

Through the program, we have helped individuals meet the basic need of a well-balanced meal. Meals are provided in cooperation with the Jewish Home, where volunteers pack, and then deliver, food within 24 hours of the meals being prepared. Clients receive 5 meals per week, with deliveries made on Mondays, Wednesdays, and Fridays.

To be eligible for home delivery of kosher meals, individuals must be over the age of 60, restricted to their home environment, and/or unable to prepare meals with adequate nutrition. Individuals with disabilities may also be eligible to receive home delivery of kosher meals. Any qualifying individual may receive meals on an ongoing basis at the rate of \$7.50 per meal or may apply for county subsidy.

For more information on eligibility and requirements for participation in the Finkelstein – Cohen Kosher Meals on Wheels Program, contact John Jantos at 717-233-1681 or jjantos@jfsfshbg.org.

HOW DO I APPLY AND RECEIVE MY MEALS?

STEP 1

Call Jewish Family Service at 717-233-1681 and ask for John Jantos, KMOW Coordinator

STEP 2

Following your request, John will meet with you to determine your needs.

STEP 3

A JFS volunteer delivers your meals on Monday, Wednesday, and Friday of each week.